



APPLICATION FOR FATHERS' WORKSHOPS

Name and surname: _____

ID card number: _____

Contact number: _____

Email address: _____

Marital status: _____

Child's name: _____

Age of child with disability: _____

Type of disability: _____

Relationship to the child with disability: Father Guardian

Language preference: Maltese English

Applications are to be sent by post to:

Fathers' Workshops
Aġenzija Sapport Family Support Unit
Patri Ġwann Azzopardi Street, Santa Venera, SVR 1614

OR by email on workshops.sapport@gov.mt

INFORMATION REGARDING THE FATHERS' WORKSHOPS 2023 - 2024

Being a father of a child with disability can bring a range of feelings and emotions, and everyone experiences this differently.

Aġenzija Sapport shall be holding a set of 12 workshops aimed at fathers of children with disability. Some common issues that fathers normally face when raising a child with a disability are: feelings of self-blame; denial of the extent of the disability; effects on their relationships; uncertainty over their children's diagnoses; the constant strains of caring; restrictions on family life; difficulty telling other people about the disability; feeling guilty about having negative feelings about their child; negative experiences of service provision, and negative reactions in the community. All these issues and more will be tackled during these workshops.

The Fathers' Workshops will be held once a month, and they will be 1.5 hours long, between 18:00 and 19:30, allowing enough time for information provision on the specific topic, discussion, and socialising with other fathers. These are the planned dates and topics for such workshops:

Date	Topic
Wednesday 13 th September 2023	Connecting with other fathers
Wednesday 11 th October 2023	Working in partnership with service providers
Wednesday 9 th November 2023	Juggling the needs of your family, work, and your own needs
Wednesday 6 th December 2023	Balancing the needs of other family members
Wednesday 10 th January 2024	Maintaining positive adult relationships
Wednesday 7 th February 2024	My child and me
Wednesday 13 th March 2024	Managing behaviour
Wednesday 10 th April 2024	Encouraging your child's emotional growth
Wednesday 8 th May 2024	Building relationships through play and friendships
Wednesday 12 th June 2024	Stress management
Wednesday 10 th July 2024	Finding your own strengths and solutions
Wednesday 7 th August 2024	Focusing on the future

The Fathers' Workshops will be held at **The Meeting Place, Dom Mintoff Street, Marsa**