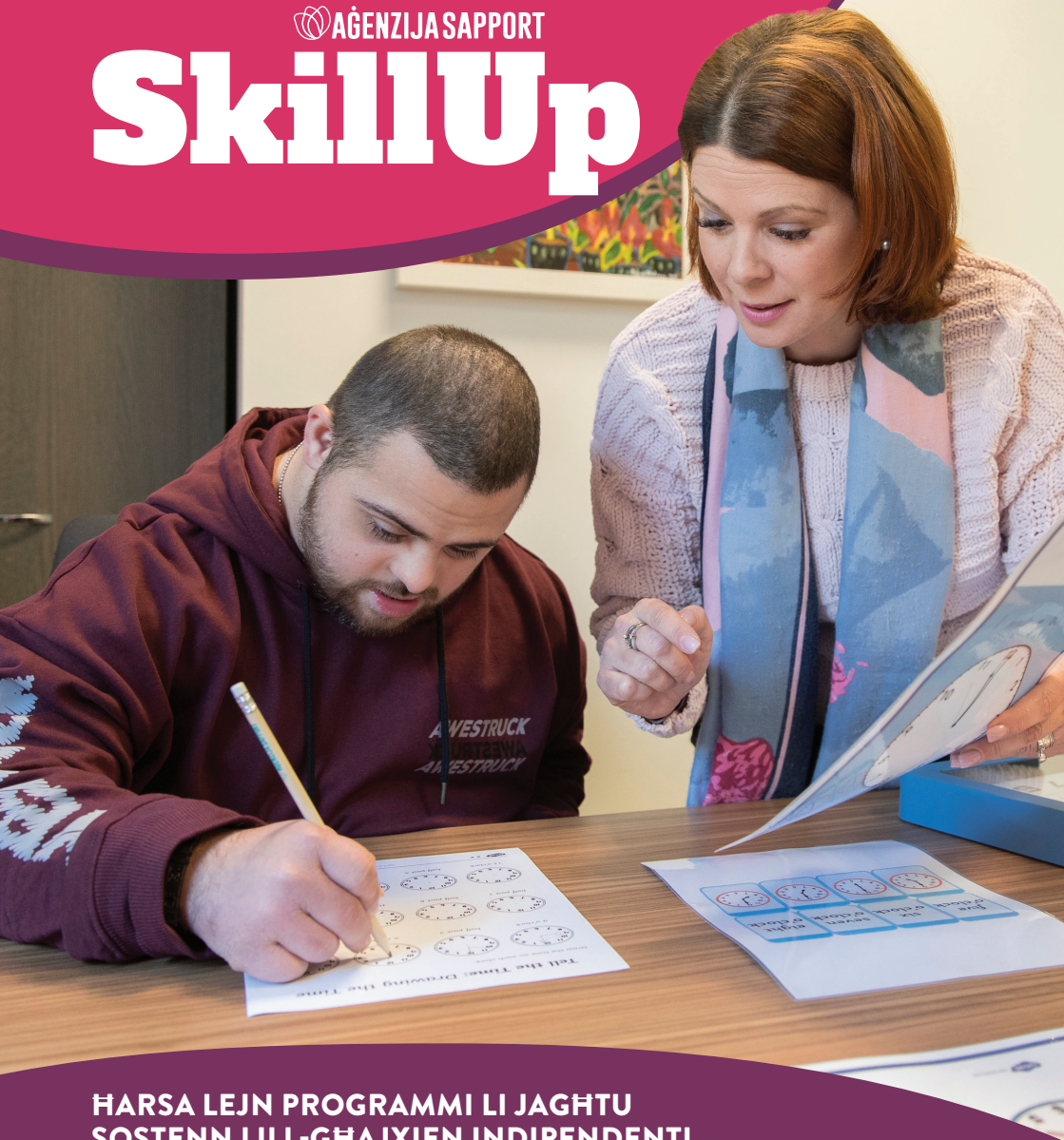


AGENZIJASAPPORT

SkillUp



**HARSA LEJN PROGRAMMI LI JAGHTU
SOSTENN LILL-GĦAJXIEN INDIPENDENTI
TA' PERSUNI B'DIŻABILITÀ**

**AN OVERVIEW OF PROGRAMMES THAT
SUPPORT INDEPENDENT LIVING FOR
PERSONS WITH DISABILITIES**

MT EN

AGENZJA SAPPOR

SkillUp

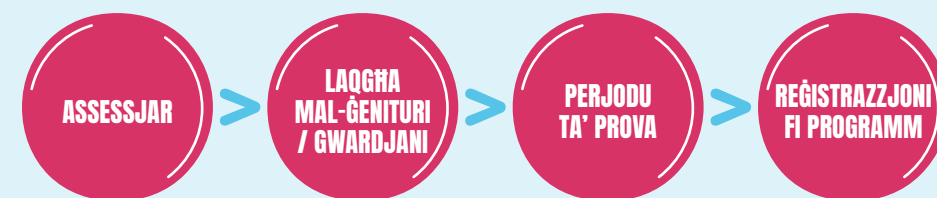
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It-Taqsima SkillUp toffri programmi maħsuba biex jappoġġjaw persuni b'diżabilità, bl-għan li jtejbu l-kwalità tal-ħajja tagħhom u jippromwovu l-inklużjoni tagħhom fl-aspetti kollha tas-soċjetà.

It-Taqsima SkillUp hija mibnija fuq erba' pilastri ewlenin, li jiffurmaw il-pedament għal mod komprensiv fl-għoti ta' sostenn fis-settur tad-diżabilità. Dawn il-pilastri jiżguraw li persuni b'diżabilità jirċievu l-assistenza u r-riżorsi meħtieġa biex jiksbu aktar indipendenza, parteċipazzjoni attiva, u benesseri ġenerali.

Qabel ma jirreġistraw għal kwalunkwe programm, persuni b'diżabilità jgħaddu minn proċess li jinkludi assessjar, laqgħa separata mal-ġenituri / gwardjani, u perjodu ta' prova. Dan il-perjodu huwa importanti biex issir evalwazzjoni fuq il-kapaċitajiet funzjonali, l-istili ta' taġħlim, il-ħiliet soċjali, ir-reazzjonijiet emozzjonali u ta' mgħiba, l-indipendenza, u fatturi oħra. L-għan huwa li tiġi ddeterminata l-eliġibilità tal-individwu u jiġi identifikat l-aktar programm adattat għall-bżonnijiet tiegħu.



Id-dettalji kollha jiġu dokumentati fi ftehim ta' servizz, li jrid jiġi rivedut, miftiehem, u ffirmat mill-persuna li ser tibbenefika mis-servizz qabel ma jingħata kwalunkwe servizz.



**TUL TA' ŻMIEN:
SITT XHUR**
TAHRIĠ FI GRUPP

IL-PROGRAMM **Way to Work**

Il-Programm Way to Work huwa mfassal biex jgħin lill-persuni b'dizabilità jippreparaw aħjar għal hiliet relatati mal-impjieg. Dan il-programm komprensiv jgħaqqad sessjonijiet informattivi fi grupp u taħriġ Prattiku biex itejjeb il-hiliet tal-parteciċpanti għall-impjegabilità.

Il-komponenti ewlenin tal-programm jinkludu:

- kitba ta' CV u hiliet fl-applikazzjoni għal impjieg
- tekniki ta' tiftix ta' impjieg
- taħriġ fl-użu tal-karozza tal-linja (biex jassisti fl-ivvjaġġar lejn u mix-xogħol)
- immaniġġjar tal-finanzi (immaniġġjar tal-flus: tqassim tal-flus u mmaniġġjar tal-pagi)
- immaniġġjar tal-ħin

Il-parteciċpanti jieħdu sehem ukoll f'taħriġ Prattiku f'opportunitajiet ta' impjieg, jesploraw diversi għażliet ta' impjieg, u jiġu esposti direttament permezz ta' zjarat fuq postijiet tax-xogħol differenti, li jgħinuhom jifhmu l-għażliet diversi tal-karrieri disponibbli.

MIN JISTA' JIBBENEFIKA

Persuni b'dizabilità li:

- għandhom bejn is-16 u l-40 sena (il-persuna tista' tiġi riferuta sa sitt xhur qabel ma tagħlaq 16-il sena).
- qed jirċievu biss l-Assistenza għal Dizabilità jew l-Assistenza għal Dizabilità Severa mis-Sigurtà Soċjali (persuni li jirċievu l-Assistenza Mizjuda għal Dizabilità Severa mhumiex eliġibbli biex japplikaw għal dan il-programm).
- għandhom il-potenzjal li jfittxu impjieg u li jsiru impjegati.
- ikunu disponibbli biex jattendu l-programm erba' darbiet fil-gimgha filgħodu.



IL-PROGRAMM Self-Skills

Il-Programm Self-Skills jipprovd i appoġġ personalizzat lil persuni b'diżabilità li qed ifittxu li jżviluppaw ħiliet essenzjali tal-ħajja. Permezz ta' sessjonijiet ta' taħriġ fuq bażi individwali, il-partecipanti jirċievu gwida mfassla apposta biex tilħaq il-bżonnijiet speċifiċi u l-għanijiet personali tagħhom. It-tul tal-programm huwa flessibbli, li jvarja minn minimu ta' xahar sa massimu ta' sitt xhur, skont il-progress u r-rekwiziti tal-individwu.



**TUL TA' ŻMIEN:
XAHAR SA
SITT XHUR**
SESSJONIJIET
INDIVIDWALI

MIN JISTA' JIBBENEFIKA

Persuni b'diżabilità li:

- għandhom bejn is-16 u l-50 sena (il-persuna tista' tiġi riferuta sa sitt xhur qabel ma tagħlaq 16-il sena).
- qed jirċievu kwalunkwe forma ta' Assistenza għal Diżabilità mis-Sigurtà Soċjali.
- ma jkunux qed jattendu ċentru fi hdan is-Servizzi ta' Matul il-Jum.



IL-PROGRAMM Skills4Life

Il-Programm Skills4Life huwa mħejji bl-għan għal żvilupp ta' ħiliet essenzjali tal-ħajja biex jgħinu lill-partecipanti jgħixu b'mod aktar indipendenti. Permezz ta' taħriġ prattiku u workshops, il-partecipanti jtejbu l-ħiliet personali bħal:

- komunikazzjoni
- ħiliet tat-tisjir
- xogħol domestiku
- iġjene personali
- kif tibni relazzjonijiet, limiti u rispetti lejk innifsek
- immaniġġjar tal-flus u tal-ħin

Dawn il-ħiliet huma vitali għall-ħajja ta' kuljum u għandhom l-għan li jrawmu aktar indipendenza u kunfidenza fl-attivitajiet ta' kuljum.

MIN JISTA' JIBBENEFIKA

Persuni b'diżabilità li:

- għandhom bejn is-16 u l-50 sena (il-persuna tista' tiġi riferuta sa sitt xhur qabel ma tagħlaq 16-il sena).
- jista' jkun li qed jirċievu kwalunkwe forma ta' Assistenza għal Diżabilità mis-Sigurtà Soċjali.
- huma disponibbli biex jattendu l-programm erba' darbiet fil-gimgha.



**TUL TA' ŻMIEN:
TLETT XHUR**
TAHRIĠ FI GRUPP

IL-PROGRAMM

SkillUp Awareness

Il-Programm SkillUp Awareness joffri sessjonijiet informattivi bl-għan li jqajmu kuxjenza dwar id-diversi servizzi u opportunitajiet disponibbli permezz tal-Unit SkillUp. Dawn is-sessjonijiet huma mfasla biex jipprovdu lill-edukaturi, il-ġenituri u l-professjonisti għarfien siewi dwar ir-rizorsi u l-għażliet disponibbli għall-persuni b'diżabilità, u jiżguraw li jkunu infurmati aħjar dwar kif jassistu u jappoġġaw il-bżonnijiet tagħhom.

MIN JISTA' JIBBENEFIKA

- istituzzjonijiet edukattivi, ġenituri / gwardjani / qraba, professjonisti ta' Agenzija Support u professjonisti ta' entitajiet governattivi, li jaħdmu fi settur privat u anki għaqdiet mhux governattivi (NGOs).



 AĠENZIJA SAPPOR

SkillUp

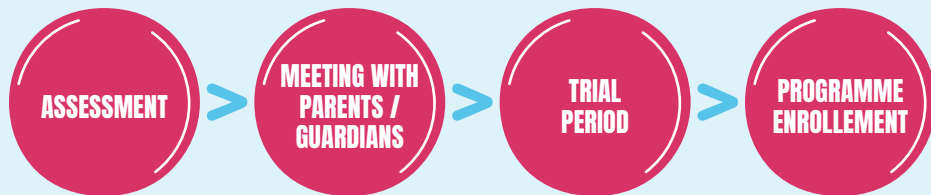
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The SkillUp Unit offers programmes designed to support persons with disabilities, aiming to enhance their quality of life and promote their inclusion in all aspects of society.

The SkillUp Unit is built on four key pillars, forming the foundation for a comprehensive approach to disability support. These pillars ensure that persons with disabilities receive the necessary assistance and resources to achieve greater independence, active participation, and overall well-being.

Before enrolling in any of the programmes, persons with disabilities will undergo a process, including an assessment, a separate meeting with the parents / guardians, and a trial period. This period is important to evaluate the functional abilities, learning styles, social skills, emotional and behavioural responses, independence, and other factors. The goal is to determine the individual's eligibility and identify the most suitable programme for their needs.



All details will be documented in a service agreement, which must be reviewed, agreed upon, and signed by the person that will benefit from the service before any services are provided.



**DURATION:
SIX MONTHS**
GROUP TRAINING

Way to Work PROGRAMME

The Way to Work Programme is designed to help persons with disabilities better prepare for skills related to employment. This comprehensive programme combines informative group sessions and hands-on training to enhance participants' employability skills.

Key components of the programme include:

- CV writing and job application skills
- job search techniques
- bus training (to assist with travel to and from work)
- financial management (money management: budgeting and managing wages)
- time management

Participants will also engage in practical job related workshops, explore various job options, and gain first-hand exposure through site visits to different workplaces, helping them understand the diverse career paths available.

WHO CAN BENEFIT

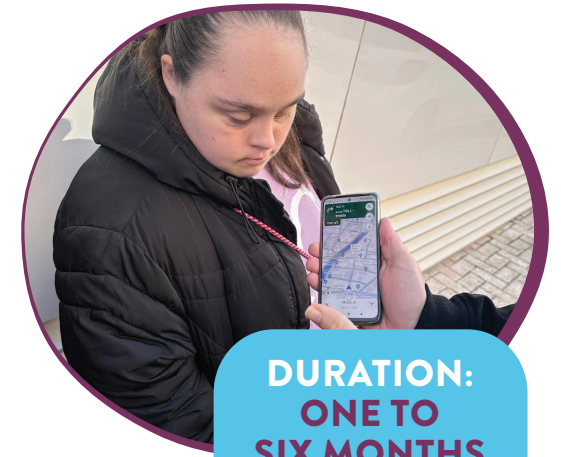
Persons with disabilities who:

- are 16 years to 40 years old (the person can be referred up to six months prior to turning 16 years of age).
- are only receiving the Disability Assistance or the Severe Disability Assistance from Social Security (persons receiving the Increased Severe Disability Assistance are not eligible to apply for this programme).
- have the potential to seek employment and becoming employed.
- are available to attend the programme four times a week in the morning.



Self-Skills PROGRAMME

The Self-Skills Programme provides personalised support to persons with disabilities looking to develop essential life skills. Through one-to-one training sessions, participants will receive tailored guidance to meet their specific needs and personal goals. The programme duration is flexible, ranging from a minimum of one month to a maximum of six months, depending on the individual's progress and requirements.



DURATION:
ONE TO SIX MONTHS
ONE-TO-ONE SESSIONS

WHO CAN BENEFIT

Persons with disabilities who:

- are 16 years to 50 years (the person can be referred up to six months prior to turning 16 years of age).
- are receiving any form of Disability Assistance from Social Security.
- do not attend a centre within the Day Services.



Skills4Life PROGRAMME

The Skills4Life Programme is aimed to develop the essential life skills to support and assist the participants to live a more independent life. Through hands-on training and workshops, participants will enhance personal skills such as:

- communication
- cooking skills
- household chores
- personal hygiene
- building relationships, boundaries and respect towards yourself
- money management and time management

These skills are vital for everyday life and aim to foster greater independence and confidence in daily activities.

WHO CAN BENEFIT

Persons with disabilities who:

- are 16 years to 50 years old (the person can be referred up to six months prior to turning 16 years of age).
- may be receiving any form of Disability Assistance from Social Security.
- are available to attend the programme four times a week.



DURATION:
THREE MONTHS
GROUP TRAINING

SkillUp Awareness PROGRAMME

The SkillUp Awareness Programme offers informative sessions aimed at raising awareness about the various services and opportunities available through the SkillUp Unit. These sessions are designed to provide educators, parents, and professionals with valuable insights into the resources and support options available to persons with disabilities, ensuring they are better informed about how to assist and advocate for their needs.

WHO CAN BENEFIT

- educational institutions, parents / guardians / relatives, professionals of Agenzija Support, professionals from government entities, professionals from the private sector and Non-Governmental Organisations (NGOs).



AĠENZIJA SAPPORT

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